



# Lunch & Dinner

from 12pm to 10:30pm

## STARTERS

### GUACAMOLE & CHIPS 220

Avocado + cilantro + red onion + jalapeño chile + tomato + plantain chips

### JALAPEÑO HUMMUS 235

Chickpea hummus + falafel + parsley + olive oil + lavash gluten free

## SALADS

### FRESCO'S 295

Lettuce mix + organic tomato + black olives + chicken + fusilli + basil pesto

### ROASTED BEET AND SWEET POTATO SALAD 295

Mixed lettuces + dill + goat's cheese + cherry tomatoes + an orange-almond vinaigrette.

### VEGAN-BOWL 280

Roasted vegetables + baked sweet potato + mushrooms + zucchini + quinoa + green onion + hummus + tofu + soybean sprouts + mulato chili oil

### QUINOA 280

Mixed quinoa + arugula + grilled pineapple + jicama + red cabbage + avocado + cashews + peanuts + soy and serrano chili vinaigrette

#### Extras:

Tuna \$ 150 - Chicken \$ 100 - Shrimp \$ 120

Octopus \$ 150 - Hemp Seeds \$ 40

Roasted Seeds \$30

## TOSTADAS

1 piece

### CAULIFLOWER 140

Cauliflower + mango + cucumber + avocado + purple onion + mint + cilantro + garlic oil + Xcatic chile

### SHRIMP 175

Cooked shrimp + beans + radish + purple onion + chili flake + sour orange + mashed avocado + chipotle mayonnaise

### TUNA 185

Tuna + Avocado + mango + cilantro + peanut oil + mango & habanero alioli \* RAW DISH

## CEVICHE

### LOCAL CATCH CEVICHE 420

Cooked sweet potato + sweet corn + garlic oil with habanero and chaya + red onions + radish + sprouts + chipotle and nopal tostadas

### TULUMINATI CEVICHE 420

Fresh fish + shrimp + manzano chili + red onion + corn kernels + citrus mix + cucumber + cilantro + avocado

## TACOS

3 pieces

### MUSHROOMS CHORIZO 225

Mushrooms + creole corn tortilla + + dried chili adobo + potato + red onion + creamy avocado + cilantro + tomatillo sauce

### FISH FILLET 395

Grilled fish fillet + creole corn tortilla + grilled fish + cabbage +

Mexican sauce + chipotle mayonnaise + molcajete-crushed red sauce.

### TUNA 360

Fresh tuna + tomato + red onion + cilantro + avocado + lemon juice + peanut oil + serrano chile cream \* RAW DISH

## QUESADILLAS 2 pieces

### MUSHROOMS 265

Creole corn tortilla + mozzarella cheese + mushrooms + epazote + white cabbage + Mexican sauce + tomato & serrano sauce

### SHRIMP 340

Shrimp + Creole corn tortilla + mozzarella cheese + shrimp + Zarandeado marinade + roasted pepper + purple cabbage + Mexican sauce + serrano chile cream

## PRINCIPAL

### SALMON & AVOCADO 520

Salmon fillet + avocado + feta cheese + parsley + wild rice + toasted seeds

### SHRIMP MULATO STYLE 590

Garlic shrimp + mulato chili sauce + cauliflower purée + radish + jalapeño chili + green leaves

### FLAT BREAD FRESCO'S 340

Sweet potato hummus + red pepper + pine nut + sunflower seed + pumpkin seed + parsley + olive oil + arugula

### SUSTAINABLE CATCH OF THE DAY 565

Catch of the day fish fillet + warm couscous salad + sautéed broccoli and bell peppers + cashew nuts + spicy sesame oil

## DESSERTS

### ROASTED PEACH PARFAIT 205

Mixed berries + homemade granola + fresh lemon zest.

### LEMON PIE 210

Creamy cheese, lime, crumble & almond liqueur.

Prices in Mexican pesos, VAT included. Gratuity not included



Vegetarian



Vegan



Sustainable Fishing



No-Gluten